



ARTICLE

Variants in *GNAI1* cause a syndrome associated with variable features including developmental delay, seizures, and hypotonia

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PURPOSE: Neurodevelopmental disorders (NDDs) encompass a spectrum of genetically heterogeneous disorders with features that commonly include developmental delay, intellectual disability, and autism spectrum disorders. We sought to delineate the molecular and phenotypic spectrum of a novel neurodevelopmental disorder caused by variants in the *GNAI1* gene.

METHODS: Through large cohort trio-based exome sequencing and international data-sharing, we identified 24 unrelated individuals with NDD phenotypes and a variant in *GNAI1*, which encodes the inhibitory Gai1 subunit of heterotrimeric G-proteins. We collected detailed genotype and phenotype information for each affected individual.

RESULTS: We identified 16 unique variants in *GNAI1* in 24 affected individuals; 23 occurred de novo and 1 was inherited from a mosaic parent. Most affected individuals have a severe neurodevelopmental disorder. Core features include global developmental delay, intellectual disability, hypotonia, and epilepsy.

CONCLUSION: This collaboration establishes *GNAI1* variants as a cause of NDDs. *GNAI1*-related NDD is most often characterized by severe to profound delays, hypotonia, epilepsy that ranges from self-limiting to intractable, behavior problems, and variable mild dysmorphic features.

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INTRODUCTION

Neurodevelopmental disorders (NDDs) are heterogeneous disorders, often with a broad and overlapping range of features that commonly include developmental delay, intellectual disability, and autism spectrum disorder. This group of disorders also has an increased incidence of comorbidities such as epilepsy. Advances in genomic technologies have led to an exponential increase in

the number of genes associated with NDDs. However, up to half of those affected do not have an identified genetic etiology,¹ presenting challenges in understanding the long-term prognosis and accessing appropriate support. Phenotype-based genetic investigations of NDDs are hampered by the highly variable clinical manifestations, the phenotypic overlap with other closely related disorders, and the rarity of particular genetic subtypes.² Instead, more recently, large-scale trio-based exome sequencing

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of clinically heterogeneous populations coupled with international data-sharing has proven a powerful strategy for discovering NDD-associated genes.^{1,2}

G-protein subunits belong to a family of proteins that have previously been associated with NDDs.^{3,4} Heterotrimeric G proteins, composed of α , β , and γ subunits, transmit the signals of extracellular ligands bound to G-protein-coupled receptors (GPCRs) to intracellular signaling pathways.⁵ G-protein signaling has been implicated in a diverse range of biological functions including neuronal development and synaptic function.⁶ *GNAI1* (MIM 139310) encodes the inhibitory Gai1 subunit of heterotrimeric G-proteins. A recent study found a significant enrichment of de novo variants in *GNAI1* in a diverse cohort of individuals with NDDs.^{2,7} Here, we describe 24 unrelated individuals with *GNAI1* variants (23 de novo variants and 1 inherited from a mosaic parent) and delineate the associated phenotypic features, which include global developmental delay with intellectual disability, hypotonia, and seizures.

MATERIALS AND METHODS

Individuals with pathogenic and likely pathogenic variants in *GNAI1* (NM_002069.5) were identified via the Deciphering Developmental Disorders (DDD) research study⁷ and international collaboration facilitated by GeneMatcher⁸ and MyGene2. Variants were classified using American College of Medical Genetics and Genomics (ACMG) guidelines.⁹ Individuals were identified via trio exome sequencing by the DDD study⁷ (individuals 11, 14, 16, 18–20, and 24), clinical trio exome sequencing at GeneDx as previously described¹⁰ (1–3, 5, 7–10, 15, 17, 22–23), trio exome sequencing via clinical practice (4, 6, 12), or by research-based trio exome sequencing (13, 21). The genetic details from 13 of these individuals was previously reported (2, 3, 7–11, 14, 16, 18–20, 24) with minimal clinical details;^{2,7} we obtained additional, detailed clinical information for these individuals for this study.

RESULTS

We identified 27 unrelated individuals (16 female) with rare variants in *GNAI1* (GenBank: NM_002069.6). For three individuals with *GNAI1* variants, parental samples were unavailable for testing (Table S1); clinical information for these individuals has not been included in this report. The remaining 24 variants would meet the criteria to be classified as likely pathogenic or pathogenic according to ACMG guidelines if *GNAI1* were an established disease gene⁹ (Fig. 1, Table 1). Of these, 23 variants were de novo in the affected individual (somatic mosaic in Individual 2), while one variant was inherited from a mother with low-level mosaicism (individual 3, 6.0% alternate allele frequency). Where applicable, de novo status of variants and parental relationships were confirmed.

Among the 24 individuals with variants in *GNAI1*, there were 16 unique variants, with 7 recurrent variants identified in two or three individuals each. At three residues (Gly40, Thr48, Lys270), there were two different pathogenic variants resulting in different amino acid changes. Of the 16 variants, 12 were missense variants, 3 were small in-frame deletions, and 1 was a protein-truncating variant. The majority of missense and coding deletion variants (9/15; 60%) affect amino acids within the guanine nucleotide binding motifs of *GNAI1* (Fig. 1). Variants predominantly cluster in the first GDP binding motif (also known as the Walker A motif or P-loop), where five variants at three sites (Gly40, Gly45, and Thr48) accounted for 10/24 individuals (42%), while variants at Arg270 and Ala326 affect residues in the fourth and fifth guanine nucleotide binding motifs, respectively.

We performed detailed phenotyping of the 24 affected individuals with de novo *GNAI1* variants (Table 2, Table S1). Age at last medical review ranged from 3 years 10 months to 18 years (median age 11 years). All participants have global developmental delays ranging in severity from mild to profound. Speech is

significantly affected with language delays reported in 21/23 (91%) individuals; 16 individuals are nonverbal (at ages 3–18 years), and only 1 individual has achieved fluent speech. Gross motor delays are also common. Delayed sitting was reported in 18/21 (86%) individuals, 5 of whom cannot yet sit independently (at ages 18 months–18 years). Delayed walking was reported in 19/23 (83%) individuals; 9 individuals remain nonambulatory (ages 18 months–18 years). Intellectual disability was reported in all individuals for whom data were available (20/20) and ranged from mild (3/20; 15%) to severe/profound (11/20; 55%).

Other prominent phenotypic features include hypotonia (20/23 individuals, 87%), and epilepsy (17/23 individuals, 74%). For many patients, hypotonia was severe and had a significant effect on daily functioning. Median age of seizure onset was 5 months (range 36 hours to 7 years), with seizures beginning in the first six months of life in 10/15 (67%) individuals for whom data were available. Seizure types were variable with the most common being absence seizures ($n = 5$), generalized tonic-clonic seizures ($n = 5$), and focal onset impaired awareness seizures ($n = 4$).

While behavioral anomalies were present in 17/19 individuals (89%), they were variable across the cohort. The most common behavioral features included aggression and temper tantrums ($n = 7$), autism ($n = 7$), hypersensitivity ($n = 5$), and hand stereotypies ($n = 6$). Other variable features included feeding difficulties ($n = 9$) and obesity ($n = 7$). Magnetic resonance image (MRI) abnormalities were reported for 10/20 (50%) individuals, with the most common finding being brain atrophy seen in four individuals.

Dysmorphic features were reported in 16/21 (76%) individuals (Fig. 2); however, the described physical features were variable. The most commonly reported features included tapered fingers ($n = 9$), a markedly long hallux ($n = 5$), and a short, upturned nose ($n = 8$). Other common facial features included a tented upper lip or open mouth appearance ($n = 5$), and a thin upper lip or prominent lower lip ($n = 4$).

DISCUSSION

We describe a novel, severe neurodevelopmental disorder due to de novo variants in the *GNAI1* gene, which encodes Gai1, a member of the Gi/o inhibitory family of G-protein α -subunits. Heterotrimeric G-proteins act as a molecular switch. The GDP-bound Ga subunit binds the G $\beta\gamma$ dimer, maintaining the heterotrimeric protein in an inactive state. In response to an extracellular stimulant, bound GDP is replaced by GTP, resulting in a conformational change leading to the disassociation of the Ga subunit from the G $\beta\gamma$ dimer. Once separated, the Ga subunit and the G $\beta\gamma$ dimer are able to activate (or inhibit) downstream signaling pathways via modulation of cAMP levels. The intrinsic GTPase activity of the Ga subunit will eventually result in GTP hydrolysis, returning the protein to its GDP-bound inactive heterotrimeric state.⁵

Gai1 is part of the Gi/o inhibitory family of α -subunits named for their ability to inhibit adenylyl cyclase activity. In the central nervous system, Gai1 has been shown to mediate major signaling pathways Akt-mTORC1 and Erk-MAPK^{11,12} and control the gating of G protein-activated potassium channels.¹³ Other G-protein subunits have also been implicated in neurological disease including *GNAQ* (MIM 600998) associated with Sturge-Weber syndrome, *GNAL* (MIM 139312) associated with dystonia, *GNAO1* (MIM 139311) in which loss-of-function variants are associated with developmental and epileptic encephalopathy while gain-of-function variants are associated with movement disorders,¹⁴ and *GNB1* (MIM 139380) associated with developmental delay. Individuals with loss-of-function variants in *GNB1*, a β -subunit of heterotrimeric G-proteins, have a strikingly similar phenotype to individuals with de novo *GNAI1* variants, including profound developmental delay commonly accompanied by hypotonia and

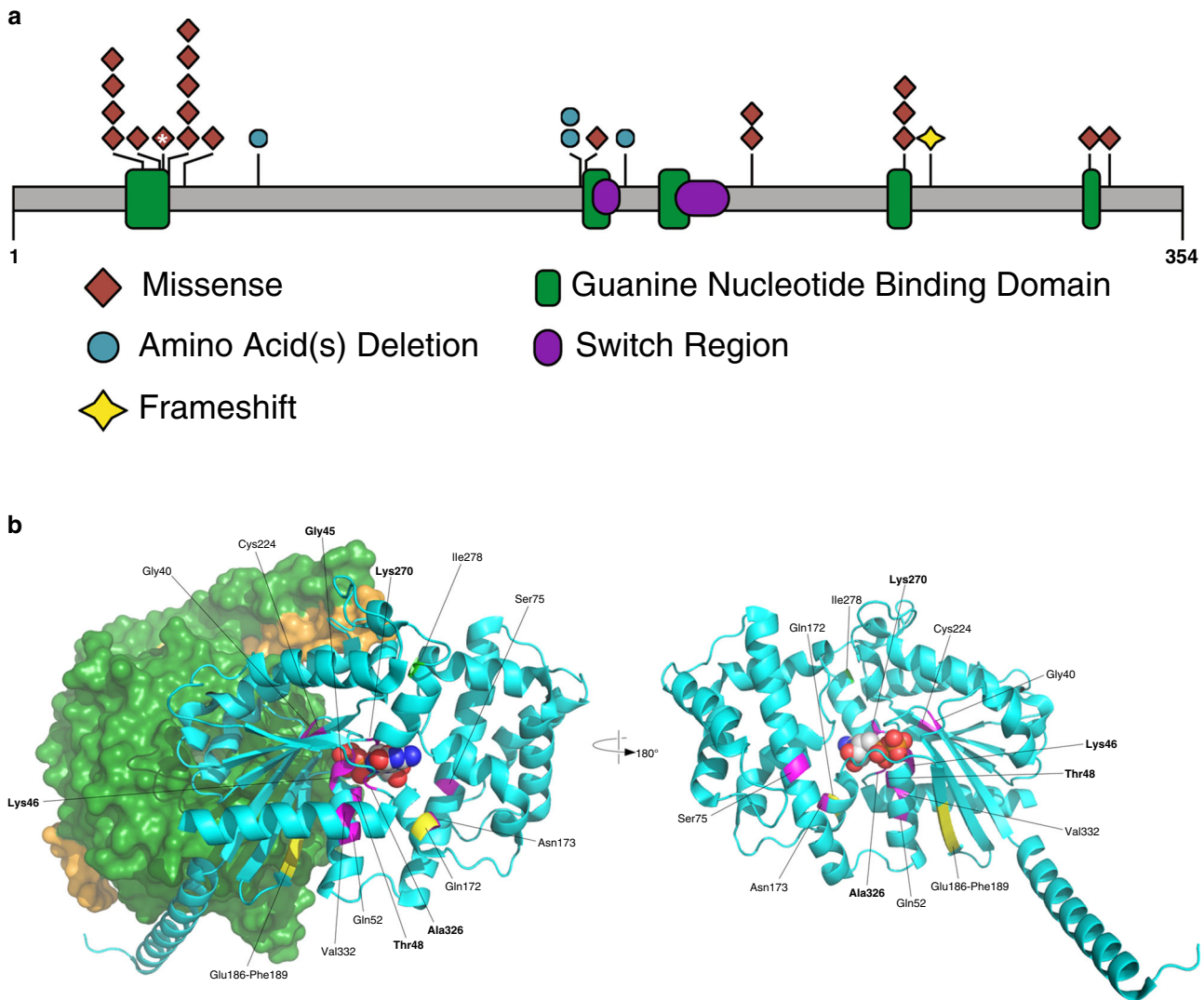


Fig. 1 Distribution of disease-causing variants across *GNAI1*. **(a)** Schematic showing the pathogenic and likely pathogenic variants identified in *GNAI1*, including one previously reported variant (*) (Kaplanis et al.²). Variants cluster within the first guanine nucleotide-binding domain (green box). Missense variants are represented as brown diamonds, coding deletion variants as blue circles, and the truncating frameshift variant as a yellow star. Each symbol represents one individual. **(b)** 3D structure of *Gai1*. The left figure shows the structure of *Gai1* as part of the trimeric G-protein complex (PDB accession 6crk); *Gai1* is shown as a cyan ribbon, except for positions of novel variants which are colored as follows: missense, magenta; in-frame deletions, yellow; frameshifting insertion at Ile278, light green; bound GDP is shown as space-filling spheres, colored by atom type (white, carbon; blue, nitrogen; red, oxygen; orange, phosphorus); the molecular surface is shown for the $\beta\gamma$ dimer, with the $\beta1$ and $\gamma2$ chains colored dark green and orange respectively. The right figure shows *Gai1* only, rotated around the vertical axis; Gly45 is obscured by the GDP ligand in this view. In both parts, labeling in bold font indicates residues making direct contact with GDP (Gly45, Thr48, Lys270, Ala326).

seizures,⁴ suggesting there may be a common pathogenic disease mechanism between *GNB1* and *GNAI1*.

G α proteins contain five highly conserved guanine nucleotide binding motifs that fold to form a single deep pocket for binding guanine nucleotides.¹⁰ Of the 16 pathogenic or likely pathogenic variants in *GNAI1* reported in this study and one previously reported variant (p.Lys46Glu),² nine variants at six sites (Gly40, Gly45, Lys46, Thr48, Lys270, and Ala326) are located in the guanine nucleotide binding pocket of *GNAI1* (Fig. 1). Gly40, Gly45, Lys46, and Thr48 reside in the highly conserved first GDP binding motif. Gly40 lies at the mouth of the nucleotide binding pocket immediately N-terminal to a series of GDP-interacting residues, including Gly45 and Thr48. Notably, although Arg270 and Ala326 are distant in the linear sequence to Gly45 and Thr48, they lie in close spatial proximity on the opposite face of the GDP binding

pocket.¹¹ Gly45, Thr48, and Lys270 make direct contacts with the GDP ligand and therefore the Gly45Asp, Thr48Lys, Thr48Ile, Lys270Asn, and Lys270Arg substitutions are likely to disrupt these interactions. While Gly40 does not directly interact with the GDP ligand, structural modeling predicts that the Gly40Arg and Gly40Cys substitutions will have a significant destabilizing effect on the GDP binding pocket (increases in free energy compared with the native structure of ~9.4 kcal/mol and ~27.6 kcal/mol respectively; values >3 kcal/mol are generally regarded as strongly destabilizing¹⁵). As such, the pathogenic variants in guanine nucleotide binding motifs of *Gai1* are all predicted to have adverse effects on *Gai1* function through the disruption of *Gai1* ability to bind GDP and GTP and/or hydrolyze GTP.

GNAI1 is predicted to be intolerant to loss-of-function variants (pLI = 0.91; e/o = 0.12 [0.05–0.38]).¹⁶ Of the 16 variants in

Table 1. De novo variants in *GNAI1*.

| Individual | Variant | | Protein domain | CADD | M-CAP score (prediction) | phastCons 100way vertebrate | gnomAD AC |
|------------|-----------------------------------|---------------------------|-----------------------------|------|--------------------------|-----------------------------|-----------|
| | Genomic coordinates (GRCh37/hg19) | cDNA position (NM_002069) | | | | | |
| 1 | chr7:g.79764594G>C | c.118G>C | GDP binding, GoLoco binding | 33 | 0.910 (PP) | 9.041 | 0 |
| 2 | | | | | | | |
| 3 | chr7:g.79764594G>T | c.118G>T | GDP binding, GoLoco binding | 34 | 0.938 (PP) | 9.041 | 0 |
| 4 | | | | | | | |
| 5 | chr7:g.79818282G>A | c.134G>A | GDP binding | 29.2 | 0.549 (PP) | 9.75805 | 0 |
| 6 | chr7:g.79818291C>A | c.143C>A | | | | | |
| 7 | | | GDP binding | 32 | 0.432 (PP) | 7.6889 | 0 |
| 8 | | | | | | | |
| 9 | chr7:g.79818291C>T | c.143C>T | GDP binding | 32 | 0.329 (PP) | 7.6889 | 0 |
| 10 | | | | | | | |
| 11 | chr7:g.79818303A>C | c.155A>C | None | 27.4 | 0.534 (PP) | 9.29824 | 0 |
| 12 | chr7:g.79818466_79818468del | c.222_224del | | | | | |
| 13 | chr7:g.79833072_79833074del | c.514_516del | GoLoco binding | NA | NA | 9.29824 | 0 |
| 14 | | | | | | | |
| 15 | chr7:g.79833076A>T | c.518A>T | None | NA | NA | 9.1759 | 0 |
| 16 | chr7:g.79833114_79833125del | c.556_567del | | | | | |
| 17 | chr7:g.79840365G>A | c.671G>A | GDP binding | 29.8 | 0.255 (PP) | 9.1759 | 0 |
| 18 | | | | | | | |
| 19 | chr7:g.79842120A>G | c.809A>G | None | 29.2 | 0.309 (PP) | 9.818 | 0 |
| 20 | | | | | | | |
| 21 | chr7:g.79842121G>C | c.810G>C | GDP binding | 32 | 0.611 (PP) | 9.24465 | 0 |
| 22 | chr7:g.79842143dup | c.832dupA | | | | | |
| 23 | chr7:g.79846720G>C | c.976G>C | GDP binding | 27.5 | 0.596 (PP) | 6.72193 | 0 |
| 24 | chr7:g.79846739T>A | c.995T>A | | | | | |
| | | | None | 28.6 | 0.606 (PP) | 9.818 | 0 |
| | | | None | 27.6 | 0.540 (PP) | 7.98329 | 0 |

AC allele count, cDNA complementary DNA, GDP guanosine diphosphate, NA not applicable, PP possibly pathogenic.

Table 2. Summary of clinical features of individuals with de novo variants in *GNAI1*.

| Individual | Sex | Variant | DD | Delayed sitting | Delayed walking | Language delays | Intellectual disabilities | Autism | Seizures | Tone | MRI anomalies |
|---------------|--------------|----------------------|--------------|-----------------|-----------------|-----------------|---------------------------|--------------|--------------|------------|---------------|
| 1 | M | p.(Gly40Arg) | + | nr | nr | nr | nr | + | + | Hypotonia | + |
| 2 | F | p.(Gly40Arg)^ | + | nr | – | – | – | + | – | Hypotonia | nr |
| 3 | M | p.(Gly40Cys) | + | nr | + | Nonverbal | S | + | + | Normal | + |
| 4 | F | p.(Gly40Cys) | P | Not achieved | Not achieved | Nonverbal | S | nr | + | Hypertonia | + |
| 5 | M | p.(Gly45Asp) | + | + | + | Nonverbal | nr | + | + | Hypotonia | – |
| 6 | F | p.(Thr48Lys) | + | + | + | Nonverbal | P | – | + | Hypotonia | + |
| 7 | M | p.(Thr48Lys) | + | + | Not achieved | Nonverbal | nr | – | + | Hypotonia | nr |
| 8 | M | p.(Thr48Lys) | P | Not achieved | Not achieved | Nonverbal | P | nr | + | Hypotonia | + |
| 9 | M | p.(Thr48Ile) | + | + | – | Nonverbal | S | + | – | Hypotonia | – |
| 10 | F | p.(Thr48Ile) | + | – | + | + | nr | – | – | Hypotonia | – |
| 11 | M | p.(Gln52Pro) | + | + | Not achieved | Nonverbal | S | + | + | Hypotonia | + |
| 12 | F | p.(Ser75del) | S | + | Not achieved | Nonverbal | S-P | – | + | Hypotonia | – |
| 13 | M | p.(Gln172del) | P | Not achieved | Not achieved | Nonverbal | S-P | – | + | Hypotonia | + |
| 14 | F | p.(Gln172del) | + | + | – | Nonverbal | S | – | – | nr | nr |
| 15 | F | p.(Asp173Val) | + | – | + | + | Mi | – | + | Hypotonia | – |
| 16 | F | p.(Glu186_Phe189del) | + | – | + | Nonverbal | + | – | nr | Hypotonia | nr |
| 17 | F | p.(Cys224Tyr) | Mo-S | + | – | + | Mo-S | – | + | Hypotonia | – |
| 18 | F | p.(Cys224Tyr) | + | + | + | – | Mo | + | – | Hypotonia | – |
| 19 | F | p.(Lys270Arg) | + | + | + | + | Mo | – | + | Hypotonia | – |
| 20 | M | p.(Lys270Arg) | + | + | + | Nonverbal | S | – | + | Hypotonia | – |
| 21 | M | p.(Lys270Asn) | + | Not achieved | Not achieved | Nonverbal | Mo | – | + | Hypotonia | + |
| 22 | F | p.(Ile278AsnfsX20) | P | Not achieved | Not achieved | Nonverbal | S-P | – | + | Hypotonia | + |
| 23 | F | p.(Ala326Pro) | + | + | + | + | Mi | – | – | Hypotonia | – |
| 24 | F | p.(Val332Glu) | + | + | Not achieved | Nonverbal | + | nr | + | Hypertonia | + |
| Totals | 24/24 | 18/21 | 19/23 | 21/23 | 20/20 | 7/21 | 17/23 | 22/23 | 10/20 | | |

DD developmental delay, F female, M male, Mi mild, Mo moderate, MRI magnetic resonance image, nr not reported, P profound, S severe, + present, – absent, ^ somatic mosaic variant.



Fig. 2 Photographs of affected individuals. (a) Individual 2; (b) individual 10; (c) individuals 11; (d) individual 16; (e) individual 18; (f) individual 19; (g) individual 20; (h) individual 22; (i) individual 23; (j) individual 24. Affected individuals have variable minor dysmorphic features and tend to have tapering fingers.

GNAI1 identified in 24 individuals, only one was a truncating variant: p.(Ile278Asnfs*20) frameshift identified in a single individual with profound developmental delay, axial hypotonia, and seizures; this variant is located within the last 50 bp of the penultimate exon and is predicted to escape nonsense-mediated decay. We identified one additional individual with an early truncating variant, but inheritance information was not available (Supplementary Table 1). We also previously identified large, heterozygous deletions encompassing *GNAI1* (and additional genes) in two unrelated individuals with epilepsy.¹⁷ In one case, the deletion segregated in a large family, with at least five affected individuals in three generations; all had variable types of generalized epilepsy (ranging from mild to severe) and learning difficulties. Additional individuals with truncating variants need to be identified to determine if there are differences in phenotypes between individuals with missense and truncating variants in *GNAI1*.

GNAI1-related NDD is most often characterized by severe to profound delays, hypotonia, epilepsy that ranges from self-limiting to intractable, behavior problems, and variable mild dysmorphic features, though there is range of severity for all phenotypic features associated with pathogenic variants in *GNAI1*. Like many NDDs that have been recently described, *GNAI1*-related disorder may not be distinctly recognizable; many features overlap with other single-gene disorders including *GNB1*,⁴ *PPP3CA*,¹⁸ *TANC2*,¹⁹ and others. While many individuals have severe developmental delay accompanied by several additional comorbidities, there are also some more mildly affected individuals. In some cases, additional genetic variants may contribute to the phenotype; for example, individual 9 has a de novo, likely pathogenic variant in *ACTA1*, which can cause myopathy and may contribute to hypotonia or club feet in this case. Although we identified seven recurrent variants, our cohort is too small to determine whether there are clear genotype–phenotype correlations. The two individuals with p.(Lys270Arg) variants (individuals 19 and 20)

have similar presentations, with similar ages at sitting and walking, development of some speech, and seizures. In contrast, for the two individuals with p.(Gln172del) variants, one is nonverbal, nonambulatory, and has intractable seizures (individual 13), while the other (individual 14) is ambulatory, has aggressive behaviors and has not had seizures. This lack of clear genotype–phenotype correlation will make it difficult to predict the severity of the disease progression in newly diagnosed individuals.

In summary, we report 24 individuals with de novo variants in *GNAI1* and a neurodevelopmental disorder characterized by global developmental delay, intellectual disability, hypotonia, and seizures. While there is a spectrum of severity associated with pathogenic variants in *GNAI1*, most individuals are profoundly affected. Identification of additional cases as well systematic studies that implement uniform tools to evaluate phenotypes such as behavior and cognitive functioning will provide further insight into the full spectrum of neurological features associated with *GNAI1* and potentially elucidate subtle genotype–phenotype correlations not apparent in this cohort.

URLS

gnomAD v2.1.1: <https://gnomad.broadinstitute.org/>. **CADD:** <http://cadd.gs.washington.edu/>. **FoldX suite:** <http://foldxsuite.org.eu/>. **GeneMatcher:** <https://www.genematcher.org/>. **MyGene2:** <https://mygene2.org/MyGene2/>. **Matchmaker Exchange:** <https://www.matchmakerexchange.org/>. **M-CAP Score:** <http://bejerano.stanford.edu/mcap/>. **OMIM:** <https://www.omim.org/>.

DATA AVAILABILITY

All methods and data are available on request.

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AUTHOR CONTRIBUTIONS

Conceptualization: L.R., A.M.M., J.F.G., V.C.V., H.C.M. Data curation: A.M.M., J.F.G., R.H.v.J., I.M.d.L., J.J.v.d.S., G.N.W., H.D., E.M.G., L.Z., C.Br., J.M., M.S., A.Ac., A.Al., M.M., A.Go., C.Bu., R.C.C., T.M., C.M., S.M., C.P., P.C.V., A.F.B., S.J., C.T., G.N., M.T., L.B., M.Z., S.A.S.V., B.M., L.S., B.E.H., K.S., D.D., D.J.H., I.M.W., R.E.S., K.G.M., J.J., L.R., W.B.D., F.L., A.Gr., T.P., S.A.-S., K.P., C.K., T.L.H., D.G.M., M.C.O., G.E.V., E.E., V.C.V., H.C.M. Formal analysis: L.R., A.M.M., J.F.G., V.C.V., H.C.M. Writing—original draft: A.M.M., J.F.G., H.C.M. Writing—review & editing: R.H.v.J., A.M.M., J.F.G., H.C.M.

COMPETING INTERESTS

I.M.W., R.E.S., K.G.M., J.J., and L.R. are employees of GeneDx, Inc.

ETHICS DECLARATION

This study was approved by local institutional review boards of the participating centers (University of Washington and UK Ethics Research Committee). Informed consent was obtained from all individuals or was provided by a parent or legal guardian in the case of minors or individuals with intellectual disability. Their permission for inclusion in this case series, including photographs, was obtained locally.

ADDITIONAL INFORMATION

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